

## HEMORRHOID BANDING

### Overview

Hemorrhoids, which are swollen veins in the anus and lower rectum, can cause pain, itching, bleeding, blood clots and infection. To treat persistent hemorrhoids, your doctor may perform hemorrhoid banding. During this procedure, the doctor will place a rubber band around the hemorrhoid to cut off the blood supply, causing it to wither.

### What to expect

During the procedure, the doctor will place a tube-like instrument into the patient's anus in order to examine it. He or she will then put a small, tight band around the hemorrhoid so it can dry up and fall off. The hemorrhoids will fall off about a week or so after the procedure.

The doctor will advise you about recovery and when to come back for a checkup.

### How to Prepare

Several days before the banding procedure, you may be asked to stop taking aspirin, ibuprofen or any other drugs that make it more difficult for blood to clot.

After the procedure, you may experience some pain as the anus tightens and relaxes. Usually the discomfort is quite mild. Full recovery generally occurs within several days.

Plan for your recovery and care after the procedure and follow any instructions provided by the health care provider.

